

HOPE BOARD:

Chair:

Janet Drysdale

Members:

Helen Ferris

Diane Johnsgaard

Ulrich Teucher

HOPE Staff:

Coordinator:

Donna Boyce

HOPE Location:

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S7K 5W1

Phone: 955-HOPE (4673)

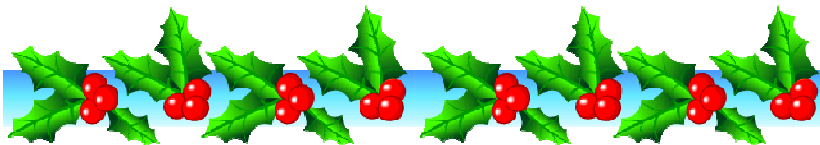
Fax: 955-4678

Email:

hopesaskatoon@sasktel.net

Website:

www.hopcancerhelpcentre.com



SEASON'S GREETINGS!

HOLIDAY HOURS FOR THE HOPE CENTRE:

The HOPE Cancer Help Centre office will observe the following seasonal hours:



Closing

5:00 PM

Friday, December 21st, 2012

Reopening

Wednesday, January 2nd, 2013

9:30 AM

HOPE staff will be enjoying some quality time with their families. However, we will be checking the voice mail system and responding to all urgent or important messages.

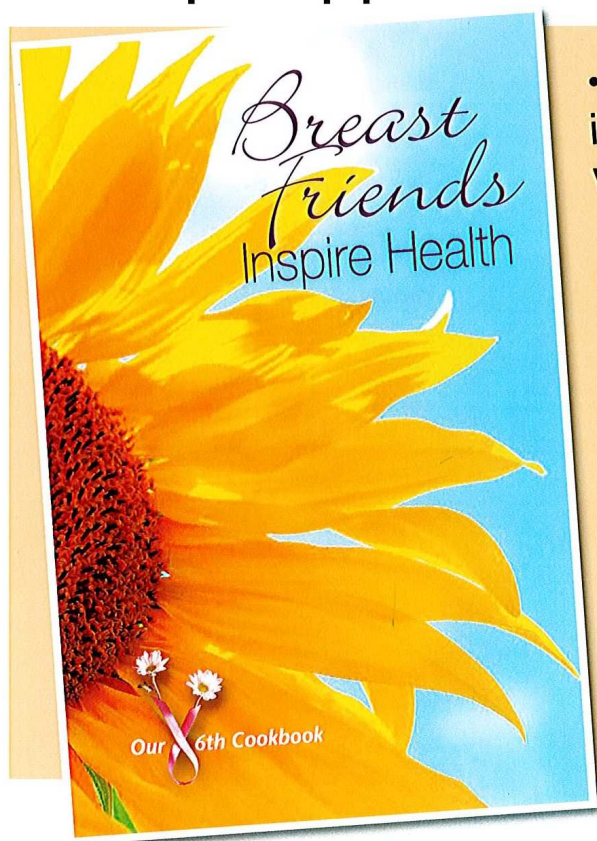
Should you require a more immediate response, please contact: 381-9894.



Just in time for any last minute Christmas gifts you may be seeking . . . HOPE has just received the brand new Breast Friends “Inspire Health” cookbook. As the title implies, this great book is stuffed full of great recipes that are not only good to eat - but good for you as well. Breast Friends partnered with an Inspire Health nutritionist, medical advisor, and freelance nutritionist to produce their sixth cookbook (@ \$20.00 each).

Breast Friends Inspire Health

Help support cancer initiatives



- Health conscious ingredients in wholesome recipes
- Nutrition facts and healthy eating tips
- Inspiring cancer stories from Canadian celebrities
- Over 1.2 million dollars in donations generated from sales of Breast Friends National best selling cookbooks

For additional information about Breast Friends, visit:
www.breastfriends.ca

Breast Friends

A portion from the sale of each book will be donated to HOPE.



Copies of the Breast Friends Christmas cookbook are also available from the HOPE Centre @ \$15.00 each.